Kara MK5 Plain Sandwich Bap





Product Description

A large soft white sandwich bap. Excellent for both hot and cold fillings

Storage/Handling/Baking Instructions

Keep frozen. Store at -18°C or below.

Once defrosted do not refreeze. To defrost, remove from case and leave in bag at room temperature for 2 hours, or until fully defrosted. Once defrosted, store in a sealed bag in a cool, dry place away from direct sunlight. **Once defrosted use within 4 days.**

Can be served toasted: Open and place in a grill for 1-2 minutes until crumb is golden brown

Ingredient Declaration

WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Sugar, Salt, Yeast, Rapeseed Oil, Emulsifiers: E471, E472(e); Flour Treatment Agents: E300, E920.

Allergens

in **bold**. Also, may contain Sesame.

Nutritional Information

		Per 100g	Per slice (86g)
Energy	kJoules	1026	882
	kcal	242	208
Total Fat (g)		1.5	1.3
of which	saturates (g)	0.2	0.2
of which mono-un	saturates (g)	0.6	0.5
of which polyun	saturates (g)	0.7	0.6
Available Carbohydrate (g)		47.3	41.1
of whi	ch sugars (g)	3.1	2.7
Dietary Fibre (g)		3.0	2.6
Protein (g)		8.3	7.2
Salt (g)		0.9	0.8
of which	sodium (mg)	358	308

Suitable For				
Vegetarians	\checkmark	Halal		×
Vegans	\checkmark	Kosher		×
Product is free from:				
GM ingredients, Hydrogenated Fats				
Shelf Life				
Frozen Life of Product		12 months		
Wrapped life on	ce defrosted		4 days	

For allergens, including cereals containing Gluten, see ingredients

Product Data

Product Weight:	86g +/- 5g	Case Net Weight:	4.13kg	Case Dime	ensions
Product Dimensions:	Diameter 123 +/- 3mm, Height 50 +/- 3mm	Case Gross Weight:	4.49kg	Length:	478
		Declared Weight:	3.88kg	Depth:	243
		Cases per Layer:	10	Height:	275
No. in a Pack:	8 units per pack	Cases per Pallet:	60	Pallet Height:	1.812m
Packs in a Case:	6 packs per box	Barcode / EAN:	05010066002097		
Packs in a Case:	6 packs per box	Barcode / EAN:	05010066002097	-	

Traceability Code: Best Before DD, MMM, YYYY, Day of Year, Time (24hr) eg 03 MAR 2009 L8086 FN 19:28

Information Issued By			
Name:	Cynthia Ntumba	Position:	Specification Technologist
Date Issued:	11/01/2023	Issue No:	009
	Kara Customer Care		



Park Seventeen, Moss Lane, Whitefield, Manchester, M45 8FJ, UK 14 Allée Coysevox, CS 56939, 35069 Rennes Cedex, France Tel: +44 (0)161 3512399 / E-mail: customercaregroup@karafs.co.uk